



Knox News

God is Here for Everyone

We are an *affirming* community
within the United Church of Canada
506 - 4th Street SW, Calgary, AB
Office (403) 269-8382

Please visit us at: www.knoxunited.ab.ca

Fall 2007 Edition - October

Services

Sundays at 11:00 a.m.
Wednesdays Communion at 12:10 p.m.
Nursery & Youth Programs during service

Need a Thanksgiving Prayer?

A simple children's prayer goes like this:

*Thank you God for all that grows,
Thank you for the sky's rainbows,
Thank you for the stars that shine,
Thank you for these friends of mine
Thank you for the moon and sun,
Thank you God for all you've done!*



A Thanksgiving Day Prayer, by Brian F. King, says:

*O Lord, with humble hearts we pray
Thy blessing this Thanksgiving Day
And ask that at table place,
Where grateful folk say words of grace,
That Thou will come to share the yield
Thy bounty gave to farm and field.
We pray thy love will bless, O Lord,
Each hearth, each home, each festive board;
And that Thy peace will come to stay
Where candles glow, Thanksgiving*

Credit:

<http://www.allaboutprayer.org/thanksgiving-prayer.htm>

Remembrance Day Sunday, November 11, 2007

In Flanders Field

In Flanders Fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved, and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch, be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields

"In Flanders Fields" was first published in England's "Punch" magazine in December, 1915. Within months, this poem came to symbolize the sacrifices of all who were fighting in the First World War. Today, the poem continues to be a part of Remembrance Day ceremonies in Canada and other countries.

The poem was written by Canadian - John McCrae, a doctor and teacher, who served in both the South African War and the First World War

War <http://www.vac-acc.gc.ca/youth/sub.cfm?source=history/firstwar/mccrae>



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Thanks to Tim Crain

01-05-2007

DON'T WORRY ... PASTOR'S KIDS OFTEN ACT OUT, BUT THEY USUALLY COME AROUND

Welcoming Dr. Dan - Our New Youth Coordinator!

"Dr. Dan" Moulton has been involved at Knox United Church since 1987, when he came to check us out that November, because he needed a church to attend with his parents when they came to visit him that Christmas. Since he first came to the church, he has felt like he had found his home, once again.

Although Dan was very active in his home church, Bethany Church, in Montpelier, Vermont, during his adolescence, some negative experiences during university and early on in his residency in Calgary had led him on a long search for a meaningful faith community. This search led him to various churches, spiritual development groups, Christian organizations, and through many self-reflective journeys.

Dr. Dan has been committed to the idea that we all have a responsibility to change the world and make it a better place. This is what initially took him into the public education arena. Beginning in Vermont and continuing in Calgary, Dr. Dan has taught all grades from Kindergarten, through to grade 12, University In-Service courses for teachers (U of C), In-Service programs with the Calgary Board of Education, and graduate courses at the University of Calgary. He has taught a variety of subjects including French as a Second Language, Family Life and Sex Education, Language Arts, Mathematics, Science, Music, Fine Arts, Creative Drama, Social Studies, Outdoor Education, and Using Technology as a Literacy development tool. Interestingly enough, Dan has always imagined that he would some day go into the ministry. However, his work in public education has been so deeply rewarding that, if he had not had a bout of ill health, he thinks that he would have remained in that arena. "It'll never be good enough as long as we see some way to make it better."

Dan's post-secondary voyage began with a bachelor's degree in French Literature and Secondary Education at the University of Vermont. He continued his journey when he earned a Master's of Education degree (U of C) in Counseling Psychology and Family Life Education. Recently, he completed a PhD in Curriculum, Teaching and Learning from the University of Calgary specializing in the use of technology as a literacy development tool. His thesis: *Finding Platform 9 ¾: How technology use enhances literacy development* reflects his commitment to children, their literature, and their passions.

Dan believes that curriculum is never relevant unless it is developed as a response to learners' needs. He hopes to use this belief in developing a responsive program for children and youth at Knox. His initial exploration with our children and youth will be an inquiry into *who* they are as members of the Knox Community, as spiritual beings, as citizens of the planet, and individuals. Rather than calling this program "Sunday School" – which reflects an archaic and unpleasant memory for many, he calls this first program *Huda Hakawi*. It will be closely linked with the program that occurs each Sunday in the sanctuary. However, it will be driven from the children and youth's perspectives. Improvisational and creative drama, explorative art activities, contemporary music and dance, as well as open discussion are used to help make sense of the traditional content of our liturgy. Children's voices and experiences are honoured with an effort to help clarify those experiences within a spiritual growth environment.



Rather than structure a "Sunday School" experience for our youth, Dr. Dan hopes to encourage our young people to become involved in the community through our Theatre Collective, our music programs, our ministry with Inn From the Cold, and in specialized group activities to encourage a sense of community among themselves. One of the *Huda Hakawi* rooms has been specially created as a *Youth Lounge* in order to facilitate an informal opportunity to meet with similarly interested youth. Some examples of groups we might see are: *Exploring our Spirituality*, *Knox Youth Ski Group*, *Drop-In Coffee And Refreshment Group*, *Exploring the Meaning of Popular Films*, *Rock Music as a Spiritual Experience*, *Book Club*, and *Peace Keepers*. However, Dan hopes that the youth at the church and those interested in becoming involved will initiate (with his support) the groups that most interest them. Groups will meet at times convenient for participants and will be led by various members of the community.

Dan is married to Kevin Murphy (a Chartered Accountant working within the oil and gas industry), with whom he has been living since 1986. He has two children from an earlier marriage to his best friend, Sara (a kindergarten teacher of long standing). His older daughter, Kristen, was married here in February of 2006 and now lives in Ottawa with her husband, Jordan, who is completing a PhD in Spanish literature while Kristen works for a national medical technology research company. His younger daughter, Heather, was baptized here at Knox when she was involved in our Sunday school with Gordon McRae – who, according to Heather at the time, was "the most fantastic teacher I've had besides Mme. Guilaine" (her kindergarten teacher with whom she remains in contact). Heather recently completed a bachelor's degree in French and Spanish and now works for a national airline as a flight attendant. Though this was never his dream for Heather, Dr. Dan hopes she continues to work for this airline for a long time so he can continue to enjoy the cheap travel. Though lay ministry was never Kevin's dream for his spouse, he hopes he gets it out of his system so that he can get back to earning some "real money!"

Dan and Kevin are committed to finding humour in most settings. They believe that humour is crucial in life "because it makes us laugh!"

Message from the Board

Submitted by: Laverna Marchese, Board Chairperson

Hello Everyone. I hope you had a great summer enjoying nature, study, people, sports or a great book. Welcome to a new year at Knox! To get us back in the swing of things, I want to update you on the Long Range Plan.

We're Living the Long Range Plan!

Do you remember the excitement and energy that surrounded the Report of the Long Range Planning Committee in 2005? I am delighted to tell you that almost all of the suggestions for change that we received from the Committee are now part of who we are and how we work...people took ideas and made them reality!

Creation of Knox Theatre Collective, work with a concert promoter to use Knox as a performance venue, revitalization of Children and Youth ministry through the coming of Drew Strickland and most recently Dan Moulton, and research by Grant Dawson on his sabbatical into a coffee house ministry are all living action of the long range plan.

Participating in Habitat for Humanity, sponsoring a Stephen Lewis lecture and integrating Healing Touch into more

aspects of our community life have strengthened our social ministry. The prayer wall and candles in the Labyrinth and sanctuary are new meditation tools. From a "crying room" for kids to new 'theatre lighting' in the sanctuary our historic building is enhanced for broader use. The new look and feel of our website offers multiple points of connection with people and events at Knox.

We hope to do more to create a new atmosphere in both sanctuary and Labyrinth, to open the doors of Knox even wider during the week, to expand our "body mind spirit" inter-relation through spiritual wellness activities and to strengthen our stewardship strategies to encourage deeper congregational commitment to the work at Knox. Please let me know if there are aspects of the Long Range Plan that you would like to champion.

God is here for everyone and I am excited to be a part of deepening and enlarging our experience of the Divine in this time and place!

Stewardship Sunday

Sunday, October 14th is our Stewardship 2008 Sunday and the beginning of our annual financial campaign. On this day and the following week the Stewardship target packages will be available at the 4th St. entrance. Picking them up there will save the cost of postage.

The package will explain the budgeting procedure and the budget requirements for the operations and the ministry for 2008. Mission and Outreach donations, which are separate from operating budget, will also be part of the package. The campaign this year will last three weeks, and each week after the worship service, there will be an opportunity to ask questions of the Board members about budgeting and the budget requests. Please take this opportunity to learn about donating to Knox and its ministry.

Knox Theatre Collective Acting Workshop

These workshops are designed for new actors or anyone wanting to keep their craft fresh. The sessions will include acting exercises, improvisations, theatre games and work on monologues and scenes. All classes are led by Helen Young and are open to anyone from teens 16+ to adults.

When:

2nd & 4th Wednesdays of each month 7 p.m. to 9 p.m.

First class will be September 12. (This is an on going workshop from September to June)

Where:

The Lower Theatre at Knox United Church, 506-4th St. SW

Contact:

Helen Young, Artistic Director, Knox Theatre Collective, at kctc@nucleus.com or call 281-7065 to sign up.

**KNOX CENTRE THEATRE COLLECTIVE
PRESENTS**

READERS CAFÉ NIGHT
Friday, October 26
Lower Theatre 7:30 p.m.



***THE NATIVITY PAGEANT OF SHEARMEN &
TAILORS FROM THE YORK CYCLE***
By Robertson Davis
December 16th, Sanctuary 7 p.m.

Music at Knox

As usual, this will be a busy season for our choir and organists. In addition to leadership in the weekly church services, musical events will include:

October 7

A special Thanksgiving Service including an original anthem by Stuart MacQuarrie

October 16

The annual noon hour organ concert by Frank McKittrick for the Rotary Club of Calgary

October 20

The choir will be performing at the congregational dinner

October 25

An evening of hymns by Charles Wesley at Central United Church featuring the combined choirs of Knox and Central United

October 28

Sunday service of musical worship based on hymns in Voices United

December 1, 2, 3

The annual Knox/CBC Christmas Carol Festival

December 16

Some members of the choir will be participating as carolers in the Christmas play

December 24

The Christmas Eve Service will again feature our wonderful choir with organ, piano, and brass quartet

Upcoming Events at Knox

- October 13 Wailing Jennies at 9:00 pm. Tickets from Ticketmaster
- October 20 "94 and Counting" Congregational Dinner in the Parlor. Gathering: 6:00 p.m. Dinner: 6:30 p.m. Tickets 15\$, Families \$40. Purchase tickets after worship or from the office
- November 4 Mount Royal Kantorei chorus at 3:00 p.m. Tickets at the door
- November 5 Syrena Ryder at 8:00 p.m. Tickets from Ticketmaster
- November 7 Honens International Piano Competition presents Katherine Chi, Angela Cheng, Jane Coop @ 7:30 p.m. Tickets from www.honens.com, 299-0140, or at the door
- November 9 Peter Conte – Calgary Society of Organists at 8:00 p.m. Tickets available from the Society or at the door,
- November 24 Festival Chorus' Celtic Christmas Fantasy at 8:00 p.m. Tickets from Ticketmaster
- December 1,2,3 Knox-CBC Annual Carol Festival at 7:00 p.m. Cost of admission is a Non-Perishable item for the Calgary Interfaith Food Bank
- December 9 Canadian Tenors at 8:00 p.m. Tickets from Ticketmaster
- December 15 Cantare Children's Choir "Songs of the Season" at 7 p.m. Tickets at the door
- December 16 Sherman and Taylor's presentation of Nativity Play from the York Cycle adapted by Robertson Davies at 7:30 p.m. Admission: A free-will donation to the Knox Theatre Collective.
- December 23 Advent IV at 11:00 a.m. VoiceScapes Sing-Along Messiah @ 2:30 p.m.. Tickets at the door.
- December 24 Intergenerational Service at 7: 00 p.m. Lessons, Carols and Candlelight at 11:00 p.m.

If you are interested in volunteering for front-of-house staff for any of these concerts, please contact Chuck Curry @ 270-0742

Book Review **Submitted by: Don Smith**

Irresistible Revolution: Living as an Ordinary Radical – by Shane Claiborne

OK, let's admit it – when we hear the term American Evangelical Christian, we think of those folks who elected George Bush and think that American militarism, patriotism and consumerism are in complete agreement with the Christian gospel. Well, think again...

There's a new breed of Evangelical in the United States and they're not Republicans! Shane Claiborne, a young 30-something American Evangelical, has worked with Mother Teresa in Calcutta, been to Iraq at the time just prior to the U.S. invasion, and been thrown out of the Republican National Convention for staging an anti-war demonstration! He lives in a "community" in Philadelphia "on the wrong side of the tracks", insists that when he flies to a speaking engagement that the hosting group make a donation to an environmental organization, insists on staying in the home of one of those who is hosting him (no hotels!) and has had lunch with John Dominic Crossan!

Shane, in his easy to read, highly engaging and entertaining book, challenges Americans and Christians everywhere to live the REAL gospel of Jesus – not the watered down, innocuous, politically correct one of the "Moral Majority". Non-violence, solidarity with the poor and marginalized, respect for the environment, building of community not individualism – I could go on and on. He retains much of the theology of "conservative" Christianity but with a very real focus on this world – not only the world to come.

This is a very hopeful book. There are the stirrings of a new movement among U.S. evangelicals: Shane Claiborne, Brian McLaren, and Tony Campolo are some of its leaders. Despite our differences in theology, we folks in the United Church of Canada could (and should!) stand arm in arm with these people on nearly every issue. This might be the sign of the end times (!) but it may also be a glimmer of light as a new day dawns in America. Let us pray...

Congratulations to Bob Phibbs – Canadian Basketball Hall of Fame

On July 19th 2007, Bob Phibbs was inducted into the Canadian Basketball Hall of Fame. The induction ceremony was held in Vancouver. Bob is a native of Windsor, Ontario. He went on to become a five-time collegiate national champion. Phibbs consistently led his team in key statistical categories and led the University of Western Ontario Mustangs in scoring during the 1947-48 season with 316 points. Bob was the 1948-49 winner of the Dr Claude Brown Memorial Trophy.

This trophy is given to the male student who made the greatest contribution to athletics within the university. Bob was also a member of Western's football and track teams. In 1952, he was named captain of the men's Canadian Olympic team. Upon his induction, Bob commented, "As a team sport, I would certainly like to recognize my teammates throughout my career, without whose contributions I would not be receiving this honour."

Lifelong Wine

When I cry out to Jesus, "Lord, I have no more wine" He hears my cry and the springs of living water in my soul are transformed; Into the new wine of fresh inspiration, fresh hope and fresh strength for the journey of a life lived in service to Him

The new wine is His Loving Presence transformed into what we need spiritually for the journey in that moment.

What joy there shall be at the Wedding Feast of the Lamb when we shall all soar,
Filled forever with the New Wine, united to His Loving Presence with Our Father and the Holy Spirit forevermore

Dedicated to Drew Strickland, whose sermon September 23 was the inspiration

By Kerri Wickhorst,
Through God's Blessing and For His Glory Alone.

What's New – Communications & Marketing Committee

Over the past year or two, the Knox Communications and Marketing Committee has been striving to increase the visibility of Knox to our internal and external community. We wanted to go beyond the newspaper ads that appear in the Saturday Herald. One of our first initiatives was to stock the pews with bookmarks to take advantage of the traffic that the concerts, weddings and rental clients bring in. Visitors to Sunday worship services also have a nice "take away" to remember us by.

We hired a designer to create lovely new brochures for our Labyrinth, Weddings, Baptisms, Healing Touch and rental facilities. We now also use the same template for the seasonal Knox Centre program brochures. We print a limited run of colour laser brochures to keep the shelves around the church stocked, as well as having the pdf of each brochure on the website.

Speaking of the website: It was time for a major change. The former site was about 5 years old, didn't work with Mac computers, and the navigation was poor and unfixable. We did a lot of research into our options, some very pricey and fancy, some not so much. In the end, we decided to go with a templated system called CMS Made Simple which is public and free for anyone to use. This summer we re-designed and updated all the content on our site. This took many hours of work as we had to learn some new things

and do a bit of programming (which hurt our heads). The site is updated at least weekly by committee members, so please use it as a resource for current information such as the Sunday bulletin (which is posted on Wednesdays), courses, plays, labyrinth, concerts, youth and our many worship related activities.

Just before the summer break we met with an ad hoc group of people over lunch one Sunday to brainstorm a new tag line for Knox: God is here for everyone. Along with that we hired our designer again to develop a new logo for Knox. Over the next while you should start to see new stationary and business cards utilizing the new branding.

Painted murals on the 4th street entrance windows have also attracted folks (Lazarus included) to our doors. This is a simple and cost effective way of advertising to the throngs of people who walk by the church every day. It also adds some colour to the west side of the building.

We have noticed a real increase in the amount and quality of submissions we are getting for the Knox Newsletter. Thank you all for that, and keep them coming. Our next issue will be going out on Christmas Eve and we'll need your articles early. Happy Thanksgiving from Brenda, Marlene, Erna, Sarah and Frank, (with guest appearances from Grant and Drew).

Behind the Rainbow Update

Over the spring and summer, we have collected a fair number of stories, and had a few group sessions to get a feel for what it is like to be in the GLBT community at Knox. Originally, our production date was to be the spring of 2008, but we have pushed it back to the fall of 2008 to allow a greater number of people to share their experiences with us. Helen Young and Jennifer Arko are continuing to collect stories, so if you are interested in sharing with them, please contact Helen Young at 281-7065 or email kctc@nucleus.com.

Nostalgia

Submitted by: William Brindley

In my youth, I always looked forward to the Harvest Festival Services that were held in our Methodist Church at Pontefract, Yorkshire. The decorating was done the day before with many people dropping off all kinds of fruit, vegetables, and flowers. My Mother kept me quite busy filling numerous vases and jars with fresh water. The smell of all of those flowers, every colour imaginable, then the fresh fruit, it was lovely indeed. Sheaves of grain were sorted out and stacked below the pulpit and apples and pears were carefully arranged along the window ledges.

A light wood frame, not unlike a soccer goal post was placed above the pulpit with many large bunches of green and black grapes. The next day it must have been very tantalizing for the preacher to be so near all those grapes and not eat any! The rest of the fruit and vegetables were then arranged along the front of the communion rail.

But somewhere near the middle of the rail there was always small sack of coal! Although Pontefract is

famous for its licorice confections, coal mining is the biggest industry in the town.

In those days no Harvest Festival was complete without "Come Ye Thankful People Come", as the opening hymn, which was written by Dean Alford, Sir George Elvey's tune was named, "St. George's Windsor" to commemorate his connection with that chapel.

Another hymn we always sang was "We Plough the Fields and Scatter the Good Seed on the Land". Many people don't realize that this was originally written by a German, Matthias Claudius, in Hamburg in the early 1800's. It was translated in 1861 by Miss Jane Campbell, the daughter of Reverend A.M. Campbell. She was born in London in 1817 and died in 1878.

This Thanksgiving Service let's try to match that array and quantity of goods displayed in our Methodist Chapel in Pontefract.

The Basics of Healing Touch

WHAT

A form of healing in the ancient tradition of "laying on of hands" which may bring peace, love and harmony to the recipient. Members of the Healing Touch Team have at least one level of training provided by the Naramata Healing Pathways program. There are standardized techniques and ethical guidelines for us to follow.

WHO

Appointments are reserved mainly for Knox members and adherents, but others may be considered. The present members of the Healing Touch Team are Sharon Montgomery, Loy Bacon, Gladys Walters, Elizabeth Campbell, Dan Moulton, and Inger Iwaasa (all pictured), plus Doreen Orman, Peggy Barnett, Rose Maynard, and Drew Strickland (not pictured)



WHY

Recipients may experience one or more of the following: a feeling of peace and relaxation, reduced stress, more rapid recovery after injury or surgery, alleviation of pain, and an overall feeling of well-being and harmony

Healing Touch Team Members are thankful for the opportunity to work with someone to help restore his/her wholeness and balance. In our prayer before a session, we echo the words of St. Francis in asking that might be channels for the love and peace of God

HOW

It is as simple as a mother's touch easing the pain for her child, or as complex as lasers and quantum physics. It just works! It is easier to explain what happens during a session. We follow two main techniques with the congregation, the Scudder and Basic Energy Balance.

The Scudder Technique is a 10 minute treatment done with the recipient sitting in a chair and is used after communion and during some Labyrinth walks. The practitioner smooths the energy field working from the head, down the trunk, arms and legs.

Basic Energy Balance is a 30 to 40 minute treatment with the recipient lying on a massage table, fully clothed, glasses and shoes off, covered with a blanket. Prayers are shared asking for the presence of Christ, and that the treatment will be for the highest good of the recipient. Beginning at the feet and working up to the head, hands are placed on the body (or just above, if that is requested) in a prescribed manner. Then the energy field is smoothed from the head to foot. The final part is very important. It is called grounding: the lower legs and feet are brushed down firmly, to bring the recipient back to earth. If this is not done thoroughly, the person can feel disoriented and spaced out. The positive effects of a session can be experienced over several days. For example, some people report improved sleeping patterns, more energy for their daily activities, or a sense of calm

WHERE

In our new rooms beside the Labyrinth

WHEN

We are taking appointments the second Thursday 7 p.m. to 9 p.m. for October 11, November 8, December 13 and the third Sunday before and after church on October 21, November 18, and December 16. To book an appointment call Inger Iwaasa at 246-9189

Children and Youth at Knox

Submitted by: "Dr. Dan" Moulton

Children & Youth are an important and necessary part of any community. Without them, the community eventually ceases to exist. Traditional church communities all over North America are struggling with a phenomenon of children and youth leaving the church for other communities and Knox is no exception. Some of the youth I have spoken with in the past month have joined other faith-based communities. When asked, some are relating that it is not necessarily because they feel more congruent with their theology, but there are many more youth, they feel welcome and wanted, and they feel there are efforts made to ensure the relevance of the worship and organization of the church and its practices to their needs.

This has helped identify, for me, some of the goals for my new mission at Knox. I work on some basic assumptions:

- All children and youth are Knox children and youth.
- All ministries within our community are of equal value.
- Ministry is about spiritual development, growth, and support.
- The world is changing and we need to be responsive to those changes and how they affect the needs of our community.
- Learning is a continuous process that involves trial, error, re-evaluation, success, and redirection.

Infants, Creepers, Crawlers, and Toddlers

How we can support the infants of our community? Infants, creepers, crawlers, and toddlers are a special group. They see things around them and first put them in their mouths, stick them in their eyes, and fully experience them physically. Ensuring that all objects that they find are safe to do so is certainly a challenge if the space is not dedicated to their use. We recently hired a **Coordinator** of the Sunday-Morning Nursery: **Emily Breau**. Emily is required to supervise the Sunday morning use of the nursery (10:30 – 12:30), ensure that there are adequate supplies for the groups that use the nursery, and ensure that the environment is maintained in a hygienic state (an average of one hour per week). We will try to introduce Emily to the congregation over the next few weeks to ensure that she becomes a familiar face around the church. Please be sure to welcome her to our community.

Huda Hakawi

On September 9, we began our Huda Hakawi program. Huda Hakawi replaces what we used to know as "Sunday school." Presently, we are serving all school age children in one group. As attendance increases, we plan to divide the group into similar age groups to better serve everyone's needs. Our location has changed as well. We now meet in the "Huda Hakawi Headquarters", which is through "the secret door" from the West balcony near the front of the church. Except for special services, we leave at the end of the first hymn and return to the sanctuary just before the Community News part of our service.

Huda Hakawi attempts to follow the same journey as the adults in the sanctuary. We follow the same readings and discuss them from the participants' point of view. We also try to share with our understanding with the congregation when we return towards the end of the service.

Water to Wine

During the September 23 service, the sermon was inspired by John 2, 1-12, *the Wedding at Cana*. In the Bible, water often symbolizes our "mundane" existence as humans not particularly

enhanced by our faith or our beliefs. Wine, however, is often used to symbolize our existence as humans who have been *imbued by the spirit*. Just as the water was transformed into wine in the story of the wedding at Cana, we decided to take our own journeys from water to wine. From September 23 until the beginning of advent, participants in Huda Hakawi will be taking a symbolic journey, turning themselves from water into wine, while we also literally take water, and many of the ordinary things we find around us, to make wine.

Just as Jesus did not need to bring in special magic or magical objects to turn the water into wine, we will be working with ourselves and things that we can do in our lives to help us connect with who we are as spiritual beings. We'll be looking at prayer, silence, meditation, or silent reflection as one way we may better know ourselves. We will also look at how serving others can help us become more wine-like in our day-to-day activities. Just as music enhances the spiritual development of the adults in our faith community, we will be exploring different types of music (particularly music that children and youth find relevant to them) that encourage spiritual development. During our journeys, each of us will be keeping a journal to record some of the activities we pursue. As we near the end of the journey, each participant will be encouraged to create a label for a bottle of the wine that we make.

Our wine will, hopefully, become part of our celebrations of communion within the sanctuary and our celebrations of community within the church. We welcome and encourage anyone from the adult community who wishes to join us on our symbolic journey to participate in many of the activities we relate to you during our time in the service. If you wish copies of any prayers we learn, or recipes we make, please see "Dr. Dan" after services in Knox Hall.

Youth

We encourage our young people to become involved in the community through our *Theatre Collective*, our music programs, our ministry with *Inn from the Cold*, and in specialized group activities to encourage a sense of community among themselves. One of the Huda Hakawi rooms has been specially created as a *Youth Lounge* in order to facilitate an informal environment for meeting with similarly interested youth. If you have an interest in the establishment of a specialized interest group, please contact our youth coordinator "Dr. Dan" Moulton at: (403) 269-8382 (ext. 29) or by email: youth@knoxunited.ab.ca. Some examples of groups are: *Exploring our Spirituality*, *Knox Youth Ski Group*, *Drop-In Coffee, Discussion, and Refreshment Group*, *Creative and Spiritual Expression through Hyper-Media Composition*, *Exploring the Meaning of Popular Films*, *Book Club*, and *Peace Keepers*. Feel free to contact Dr. Dan for more information.

We encourage you to share our activities with any children or youth that you believe might be interested in joining us. We hope to have an open house in our new location sometime towards the end of October. Be sure to check out the content of our new webpages, including the link to our blog designed for those participants who are not frequent attendees at Sunday services. You can reach our pages from the homepage, by clicking on the Education & Spirituality button.

Newsletter from Mission and Outreach - Fall 2007

Submitted by: Pat Desaulniers

Mission and Outreach would like to highlight some of the Outreach work being done by members of the Knox congregation.

Operation Eyesight - Our donations to Operation Eyesight continue to grow through the efforts of Gord McRae, Jean Reid, Michael White and the residents of Princess Island Place. These residents generously donate their empties for Michael to recycle. So far this year, \$1560 has been collected from these recycled bottles and cans and given to Operation Eyesight. Knox has supported Operation Eyesight for over 20 years, helping it to restore sight and prevent blindness among communities of people burdened with poverty in the developing world. "Together we will do great things - *for all the world to see.*"

Canadian Lions Eyeglass Recycling Centre - The Centre receives our used eyeglasses thanks to the efforts of Doreen Kempt. In operation for over 10 years, the Centre recently processed and shipped its 2 millionth pair of glasses. Glasses from across Canada are collected and received in Calgary at the Correctional Centre where they are sorted, sanitized, hand dried, repaired, the prescription read, and the glasses and prescription information sent to organizations in Canada to be distributed to overseas missions, an average of 200,000 each year.

Campbell Soup Labels - These are regularly collected by Sharon Mason and taken to Lakeview United Church. Two high-need schools (Killarney and Connaught) have been chosen as the recipients of money collected from these labels to be used for supplies such as sports equipment, audiovisual materials and books, which might otherwise be unaffordable.

Thank you to these Knox members for their faithful and generous efforts.

Thanksgiving Offering - Our Offering will be donated to Habitat for Humanity Calgary. Habitat Calgary focuses its work on the local community with its urgent need for affordable housing, providing parents with the opportunity to give their children safe and stable living conditions through its unique affordable home purchase and ownership model. All donations go toward the costs of building homes. In addition to helping families build and purchase their homes, Habitat helps the families build support networks and learn skills such as budgeting, family management, home maintenance and conflict resolution skills.

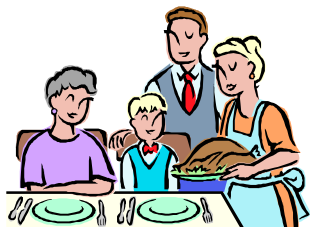
The 2006 Annual Report is available at the Mission and Outreach table and is very informative and inspiring. Our next United Church Day at Sheffel Court will be October 17 and a good turnout is hoped for in order to turn over the keys to the remaining eight families by Christmas. Thank you to Jason Semeniuk for coordinating our volunteers.

We would like to draw your attention to two upcoming United Church initiatives:

KAIROS Week to End Poverty, October 14-21, 2007. KAIROS is a faithful ecumenical response to the Biblical call to do justice, and is made up of many Canadian agencies and churches, of which the United Church is one. Watch for more information on the current issues about poverty in Canada and around the world, and how we can respond to them. October 17th is United Nations International Day for the Eradication of Poverty.

United for Peace is a two-year education, advocacy, and fundraising campaign for peace to be launched by the United Church of Canada on November 4, 2007, Peace Sunday. One of the ways to participate will be to raise funds to support Canadian and global partners as they work for peace with justice for all people. The financial goal for the Campaign is \$2 million. Education and advocacy are also important parts of the Campaign. We will learn about the root causes of violence, and about the work of partners in Canada and around the world to prevent conflict and support reconciliation and we will be encouraged to act by calling on the Canadian government to take action that promotes peace around the world.

We are looking forward to a busy fall season.



All in Our Family Submitted by: Doreen Kempt



Congratulations

We are so pleased to recognize the 65th wedding anniversaries of two couples within the Knox family.

Jean & Jack Leslie marked their milestone in May, having been married May 5, 1942, here in Knox, with Reverend Allen Huband officiating. Jack served on many committees at Knox, after returning from service in the Air Force during World War II. He was mayor of Calgary from 1965–1969. Jean is the author of several books, at least one of which was sold at one of the Knox Christmas Bazaars. In retirement, they enjoy their country property in Bragg Creek.

Although the 65th anniversary of **Joan & Allan Thomson** was mentioned as forthcoming in the Summer Knox News, such an event warrants a second mention, with our congratulations. They are a wonderful presence among our congregation!

A happy birthday salute to long time member of Knox, **Dorothy Boothman**, whose 85th birthday was September 18, and marked with a family gathering. Dorothy began Sunday School at Knox in 1929. She was also a member of the Junior Choir. Her musical family contributed to Knox for many years.

How Knox Grows

Baptisms

June 17, 2007

Evelyn Elizabeth Harris, daughter of Nancy & Robert Harris

Isabel Carmannah, daughter of Darren & Katherine Roblin

Maxwell Alexander Russell, son of Curtin & Natalie Kostrosky

September 16, 2007

Amari Amadeo, son of Chantelle Gentile & Deandre Smith

Bailey Patricia, daughter of Jollene & Lany Ellis

Harry Frederick, son of Ritchie & Yvette King

Transfers

September 30, 2007

Byron Callaghan, Patrick Griffin, Patricia Johnson, Joel LaForest, Michael Newsome, and Helen Young

Gone Before

Dorothy Carson, one of our long-time members passed away August 10, 2007, at the age of 90 years. Her life was filled with music as a pianist and teacher. She was a family member of the Registered Music Teachers Association of Alberta. Dorothy is survived by three children and five grandchildren. Services at Knox were officiated by Reverend Drew Strickland.